



<b>ProView™ FULLY COOKED CHICKEN BREAST TENDER FRITTER WITH RIB MEAT</b> <b>PRODUCT CODE: 63030 WG 4/5 lbs. 20lb. Case</b>				
Effective	7/2/2020	Address	1150 Aviation Blvd., Gainesville, Georgia 30501	
Supersedes	2/19/2019	Phone	770-534-2344	
<b>GENERAL DESCRIPTION</b>				
I. 5LBS, FROZEN, FULLY COOKED CHICKEN BREAST TENDER FRITTER. III. TARGET TENDER WEIGHT: 1.80 OZ. III. THIS PRODUCT IS PREPARED FROM FRESH, WHOLESOME CHICKEN, WHICH IS USDA INSPECTED. IV. THIS PRODUCT SHALL BE FREE FROM OFF FLAVORS AND AROMAS AND DISCOLORATION.				
<b>INGREDIENT STATEMENT</b>				
Ingredients: Chicken Breast with Rib Meat, Water, Vegetable Protein Product (Isolated Soy Protein, Magnesium Oxide, Zinc Oxide, Niacinamide, Ferrous Sulfate, Vitamin B12, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Pyridoxine Hydrochloride, Thiamine Mononitrate, and Riboflavin), Salt, Sodium Phosphates. Breaded With: Whole Wheat Flour, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Soybean Oil, Garlic Powder, Spices, Dextrose, Corn Starch, Sugar, Yeast, Mustard, Extractives of Paprika. Predusted and Battered With: Water, Whole Wheat Flour, Yellow Corn Flour, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Wheat Gluten, Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Soybean Oil, Garlic Powder, Spices, Mustard, Whey. Breading is set in Vegetable Oil.				
CONTAINS: WHEAT, SOY, MILK				
<b>GENERAL INFORMATION</b>				
Product Code:	63030	Shelf Life: Frozen / Unopened	365 Days	
SPEC#:	63030	Shelf Life at Receiving:	50% Remaining	
UCC Code (GTIN)	10889752630300	Finished Product Storage:	Minimum -10° F / Max 10° F	
VENDOR#	N/A	Storage Temperature	Minimum -10° F / Max 10° F	
	N/A	Shipping Temperature	Minimum -10° F / Max 20° F	
<b>ALLERGEN AND SENSITIVE INGREDIENT INFORMATION</b>				
CONTAINS:	YES/NO	CONTAINS:	YES/NO	
Wheat:	YES	Tree Nuts:	No	
Soybean:	YES	Shellfish:	No	
Peanut:	No	Fish:	No	
Dairy:	YES	Eggs:	No	
		MSG:	No	
		Sulfites:	No	
		Colors:	No	
		Other:	Celery, Mustard	
<b>PACKAGING INFORMATION</b>				
Net Weight of Bag	5 lbs.	Case Dimensions	17.313"L X 11.313"W X 9.625"H	
Gross Weight of Bag	5.04 lbs.	Case Cube	1.09 ft³	
Bags per Case	4 bags	Pallet Cube	91.8 ft³	
Counts / Bag	38-54 Portions	Ti	9	
Net Case Weight	20 lbs.	High	8	
Gross Case Weight.	24.06 lbs.	Cases/Pallet	72	
Counts / Case	151-216 Portions			
<b>PRODUCT FORMULATION / MMA STATEMENT</b>				
John Soules Foods, Inc. certifies that the above information is true and correct and that a 5.40 oz. serving of the above product (ready for serving) contains 2.25 oz. Of equivalent meat/meat alternate when prepared according to directions. This product also provides 2.25 oz. grain equivalent credits per a 5.40 oz serving. I further certify that any APP used in the product conforms to the Food and Nutrition Service Regulations (7CFR Parts 210, 220, 225, 226, Appendix A as demonstrated by the attached supplier documentation.				
<b>NUTRITION FACTS</b>				
<b>Nutrition Facts</b> servings per container <b>Serving size (153g)</b>  <b>Calories per serving 300</b>	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
	Total Fat 9g	12%	Total Carbohydrate 30g	11%
	Saturated Fat 1.5g	8%	Dietary Fiber 0g	0%
	Trans Fat 0g		Total Sugars 0g	
	Cholesterol 60mg	20%	Includes 0g Added Sugars	0%
	Sodium 850mg	37%	<b>Protein 25g</b>	
	Vitamin D 0mcg 0% • Calcium 22mg 2% • Iron 3mg 15%			
	Potassium 394mg 8%			
	*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.			
	<b>Nutrition Facts</b> servings per container <b>Serving size (100g)</b>  <b>Calories per serving 190</b>	Amount/serving	% Daily Value*	Amount/serving
Total Fat 6g		8%	Total Carbohydrate 19g	7%
Saturated Fat 1g		5%	Dietary Fiber 0g	0%
Trans Fat 0g			Total Sugars 0g	
Cholesterol 40mg		13%	Includes 0g Added Sugars	0%
Sodium 560mg		24%	<b>Protein 16g</b>	
Vitamin D 0mcg 0% • Calcium 14mg 2% • Iron 2mg 10%				
Potassium 258mg 6%				
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.				



**CASE LABEL**

**ProView**  
63030 WG  
**FULLY COOKED CHICKEN BREAST TENDER FRITTER WITH RIB MEAT**

**Ingredients:** Chicken Breast with Rib Meat, Water, Vegetable Protein Product (Isolated Soy Protein, Magnesium Oxide, Zinc Oxide, Nicotinamide, Ferric Sulfate, Vitamin B12, Copper Gluconate, Vitamin A Palmitate, Calcium Panthothenate, Pyridoxine Hydrochloride, Thiamine Mononitrate, and Riboflavin), Salt, Sodium Phosphates, Breaded With: Whole Wheat Flour, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Soybean Oil, Garlic Powder, Spices, Dextrose, Corn Starch, Sugar, Yeast, Mustard, Extractives of Paprika, Preserved and Battered With: Water, Whole Wheat Flour, Yellow Corn Flour, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Wheat Gluten, Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Soybean Oil, Garlic Powder, Spices, Mustard, Whey. Breading is set in Vegetable Oil.

**CONTAINS: WHEAT, SOY, MILK.**

**HEATING INSTRUCTIONS:**  
CONVENTIONAL OVEN: 14 to 16 minutes at 325°F. Turn product after 6 minutes.  
CONVECTION OVEN: 13 to 15 minutes at 325°F. Turn Product after 6 minutes.

**INNER INDIVIDUAL PACKAGES NOT LABELED FOR SALE  
KEEP FROZEN**

(01) 1 0889752 63030 0

**NET WT. 20 LBS.**  
DISTRIBUTED BY:  
JOHN SOULES FOODS, INC.  
GAINESVILLE, GA 32601

**PRODUCTION DATE: 07/02/2020**

**Nutrition Facts**  
About 11 servings per container  
Serving size 4 pcs (152g)  
Amount per serving  
**Calories 300**

Total Fat 5g	% Daily Value*
Enriched Fat 1.5g	3%
Trans Fat 0g	0%
Cholesterol 50mg	10%
Sodium 100mg	2%
Total Carbohydrate 30g	6%
Dietary Fiber 0g	0%
Total Sugars 0g	0%
Protein 10g	20%

\*Percent Daily Values are based on a diet of other people's secrets.

**ProView**  
63030 WG  
**FULLY COOKED CHICKEN BREAST TENDER FRITTER WITH RIB MEAT**

**Ingredients:** Chicken Breast with Rib Meat, Water, Vegetable Protein Product (Isolated Soy Protein, Magnesium Oxide, Zinc Oxide, Nicotinamide, Ferric Sulfate, Vitamin B12, Copper Gluconate, Vitamin A Palmitate, Calcium Panthothenate, Pyridoxine Hydrochloride, Thiamine Mononitrate, and Riboflavin), Salt, Sodium Phosphates, Breaded With: Whole Wheat Flour, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Soybean Oil, Garlic Powder, Spices, Dextrose, Corn Starch, Sugar, Yeast, Mustard, Extractives of Paprika, Preserved and Battered With: Water, Whole Wheat Flour, Yellow Corn Flour, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Wheat Gluten, Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Soybean Oil, Garlic Powder, Spices, Mustard, Whey. Breading is set in Vegetable Oil.

**CONTAINS: WHEAT, SOY, MILK.**

**HEATING INSTRUCTIONS:**  
CONVENTIONAL OVEN: 14 to 16 minutes at 325°F. Turn product after 6 minutes.  
CONVECTION OVEN: 13 to 15 minutes at 325°F. Turn Product after 6 minutes.

**INNER INDIVIDUAL PACKAGES NOT LABELED FOR SALE  
KEEP FROZEN**

(01) 1 0889752 63030 0

**NET WT. 20 LBS.**  
DISTRIBUTED BY:  
JOHN SOULES FOODS, INC.  
GAINESVILLE, GA 32601

**PRODUCTION DATE: 07/02/2020**

**Nutrition Facts**  
About 11 servings per container  
Serving size 4 pcs (152g)  
Amount per serving  
**Calories 300**

Total Fat 5g	% Daily Value*
Enriched Fat 1.5g	3%
Trans Fat 0g	0%
Cholesterol 50mg	10%
Sodium 100mg	2%
Total Carbohydrate 30g	6%
Dietary Fiber 0g	0%
Total Sugars 0g	0%
Protein 10g	20%

\*Percent Daily Values are based on a diet of other people's secrets.